

NYD 10K 2010, NYD 10K 2010 - Friday 1 January 2010. 11:00 am

Results for All Competitors in finish order.

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race</i> | <i>Race</i> |
|--------------|-------------|--------------------|-------------------------|--------------------------|-------------|-------------|
| 177 | 0:54:26 | SYKES, Jenny | Unattached | FEMALE VET 40 | 257 | 177 |
| 178 | 0:54:31 | EDWARDS, Alwyn | Unattached | MALE VET 50 | 158 | 178 |
| 179 | 0:54:40 | CLEGHORN, Rob | Wye Valley Runners | OPEN MALE | 24 | 179 |
| 180 | 0:54:55 | ROWLANDS, Andrew | Hay Hotfooters | MALE VET 45 | 192 | 180 |
| 181 | 0:54:58 | THORNDYKE, Robin | Unattached | MALE VET 60 | 200 | 181 |
| 182 | 0:55:03 | PRETTY, Trevor | Wye Valley Runners | MALE VET 55 | 106 | 182 |
| 183 | 0:55:06 | LAVELLE, Tina | Hay Hotfooters | FEMALE VET 50 | 164 | 183 |
| 184 | 0:55:14 | WAKE, William | Unattached | MALE VET 40 | 177 | 184 |
| 185 | 0:55:17 | BURGOYNE, Mark | Hereford Kayak club | OPEN MALE | 223 | 185 |
| 186 | 0:55:28 | CRISP, SEAN | Unattached | MALE VET 40 | 201 | 186 |
| 187 | 0:55:37 | BAKER, Tony | Unattached | MALE VET 40 | 188 | 187 |
| 188 | 0:55:38 | ROGERS, Rachel | Hereford Triathlon Club | OPEN FEMALE | 243 | 188 |
| 189 | 0:55:51 | MASON, Ruth | Wye Valley Runners | FEMALE VET 45 | 230 | 189 |
| 190 | 0:56:39 | ROWLANDS, Diane | Hay Hotfooters | FEMALE VET 45 | 193 | 190 |
| 191 | 0:56:46 | SIBANDE-SA, OLIVER | Unattached | OPEN MALE | 224 | 191 |
| 192 | 0:57:00 | FIELD, GEOFF | Malvern Joggers | MALE VET 60 | 196 | 192 |
| 193 | 0:57:32 | CARRINGTON, SAM | Malvern Joggers | FEMALE VET 35 | 111 | 193 |
| 194 | 0:58:12 | JAMES-HILL, Fran | Unattached | FEMALE VET 40 | 112 | 194 |
| 195 | 0:58:18 | EMMS, Shaun | Hay Hotfooters | MALE VET 70 | 20 | 195 |
| 196 | 0:58:47 | SCRIVEN, Philip | Chepstow Harriers | MALE VET 40 | 77 | 196 |
| 197 | 0:59:04 | CRUSE, Ann | Ludlow Runners | FEMALE VET 60 | 89 | 197 |
| 198 | 0:59:08 | DRABBLE, Katherine | Hereford Triathlon Club | FEMALE VET 35 | 48 | 198 |
| 199 | 0:59:39 | FLETCHER, Sally | Spirit of Monmouth RC | FEMALE VET 35 | 254 | 199 |
| 200 | 0:59:41 | HUTCHEON, Richard | Unattached | MALE VET 65 | 215 | 200 |
| 201 | 0:59:45 | CURRY, PHILLIP | Unattached | OPEN MALE | 83 | 201 |
| 202 | 1:00:05 | CRESWELL, JAYNE | Malvern Joggers | FEMALE VET 35 | 209 | 202 |
| 203 | 1:00:16 | OLDACRE, SHEILA | ANDOVER AC | FEMALE VET 50 | 198 | 203 |
| 204 | 1:00:22 | KORAL, Julie | Unattached | OPEN FEMALE | 247 | 204 |
| 205 | 1:00:22 | KORAL, Zeki | Unattached | OPEN MALE | 248 | 205 |
| 206 | 1:00:30 | HAFNER, Caroline | Hay Hotfooters | FEMALE VET 60 | 173 | 206 |
| 207 | 1:01:07 | MILLS, KERRY | Unattached | FEMALE VET 35 | 17 | 207 |
| 208 | 1:01:22 | MCQUEEN, CLAIRE | Unattached | FEMALE VET 35 | 239 | 208 |
| 209 | 1:01:22 | COOPER, Frank | Unattached | OPEN MALE | 240 | 209 |
| 210 | 1:01:24 | LEGGE, John | Unattached | OPEN MALE | 71 | 210 |
| 211 | 1:01:27 | MILLS, Brian | 100 Marathon Club | MALE VET 50 | 122 | 211 |
| 212 | 1:01:32 | MILNER, Claire | Hay Hotfooters | FEMALE VET 55 | 88 | 212 |
| 213 | 1:02:00 | LINDSAY-JONES, JO | Unattached | FEMALE VET 35 | 237 | 213 |
| 214 | 1:02:00 | BARBER, TIM | Unattached | OPEN MALE | 238 | 214 |
| 215 | 1:02:23 | WOOD, Nick | MADSAT | MALE VET 40 | 171 | 215 |
| 216 | 1:02:26 | HUTTON, Giselle | Unattached | FEMALE VET 50 | 2 | 216 |
| 217 | 1:02:57 | LAMBOURN, Karen | Unattached | FEMALE VET 40 | 8 | 217 |
| 218 | 1:03:11 | CRANE, Kath | Brecon A C | FEMALE VET 65 | 103 | 218 |
| 219 | 1:03:44 | BARTON, Linda | Road Runners Club | FEMALE VET 40 | 206 | 219 |
| 220 | 1:03:56 | RYAN, Kate | Unattached | FEMALE VET 45 | 16 | 220 |
| 221 | 1:03:57 | TRUMPER, Ali | Unattached | FEMALE VET 40 | 15 | 221 |
| 222 | 1:04:04 | JONES, Beverly | Wye Valley Runners | FEMALE VET 40 | 232 | 222 |
| 223 | 1:04:35 | GROUT, Sarah | Malvern Joggers | FEMALE VET 40 | 126 | 223 |
| 224 | 1:05:15 | YOUNG, Tim | Unattached | MALE VET 55 | 131 | 224 |
| 225 | 1:05:38 | MCQUEEN, TONY | Unattached | MALE VET 60 | 242 | 225 |
| 226 | 1:06:07 | ROWLAND, Sandra | Unattached | FEMALE VET 50 | 210 | 226 |
| 227 | 1:07:17 | JACKSON, Sheila | Malvern Joggers | FEMALE VET 55 | 34 | 227 |
| 228 | 1:07:17 | FIELD, JENNY | Malvern Joggers | FEMALE VET 55 | 197 | 228 |
| 229 | 1:07:18 | HAYNES, JOANNE | Malvern Joggers | FEMALE VET 45 | 195 | 229 |
| 230 | 1:07:22 | FORSHAW, PHIL | Unattached | MALE VET 45 | 203 | 230 |
| 231 | 1:08:36 | ROCHE, MARTIN | Unattached | MALE VET 50 | 183 | 231 |
| 232 | 1:10:40 | TATE, CAROLE | Unattached | FEMALE VET 40 | 225 | 232 |
| 233 | 1:12:33 | PRITCHARD, CLARE | Unattached | OPEN FEMALE | 219 | 233 |
| 234 | 1:22:25 | WATTS, Allen | Sarn Helen | MALE VET 70 | 139 | 234 |
| 235 | 1:23:31 | SIMS, SALLY | Unattached | FEMALE VET 55 | 22 | 235 |
| 236 | 1:23:31 | DUNCAN, Colin | Unattached | MALE VET 70 | 27 | 236 |

