

Herefordshire Cross Country League 2009-2010

FINAL TEAM POSITIONS 2009/10	MEN
Team	Points
WYE VALLEY RUNNERS	99
HEREFORD COURIERS	96
LEDBURY & DISTRICT HARRIERS	88
CROFT AMBREY R.C.	81
HEREFORD TRIATHLON CLUB	78
WYE VALLEY RUNNERS 'B'	71
HEREFORD COURIERS 'B'	64
CROFT AMBREY R.C. 'B'	56
WYE VALLEY RUNNERS 'C'	56
PRESTEIGNE PACERS	52
HEREFORD COURIERS 'C'	45
LUDLOW RUNNERS	37
WYE VALLEY RUNNERS 'D'	33
CROFT AMBREY R.C. 'C'	32
RHAYADER A.C.	28
HAY HOTFOOTERS	26
BUILTH & DISTRICT RUNNERS	17
HEREFORD TRIATHLON CLUB 'B'	12
LEDBURY & DISTRICT HARRIERS 'B'	9
WYE VALLEY RUNNERS 'E'	9
WYE VALLEY RUNNERS 'F'	5
HEREFORD COURIERS 'D'	4
HEREFORD TRIATHLON CLUB 'B'	4
FINAL TEAM POSITIONS 2009/10	WOMEN
Team	Points
HEREFORD COURIERS	50
WYE VALLEY RUNNERS	45
HEREFORD TRIATHLON CLUB	36
CROFT AMBREY R.C.	33
BUILTH & DISTRICT RUNNERS	17
HEREFORD TRIATHLON CLUB 'B'	15
WYE VALLEY RUNNERS 'B'	14
HEREFORD & COUNTY A.C.	13
HAY HOTFOOTERS	10
RHAYADER A.C.	8
LEDBURY & DISTRICT HARRIERS	7
LUDLOW RUNNERS	7
PRESTEIGNE PACERS	3
WYE VALLEY RUNNERS 'C'	2

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<u>FINAL TEAM POSITIONS 2009/10</u>	<u>MEN</u>
<u>Team</u>	<u>Points</u>
HAY HOTFOOTERS 'B'	1